



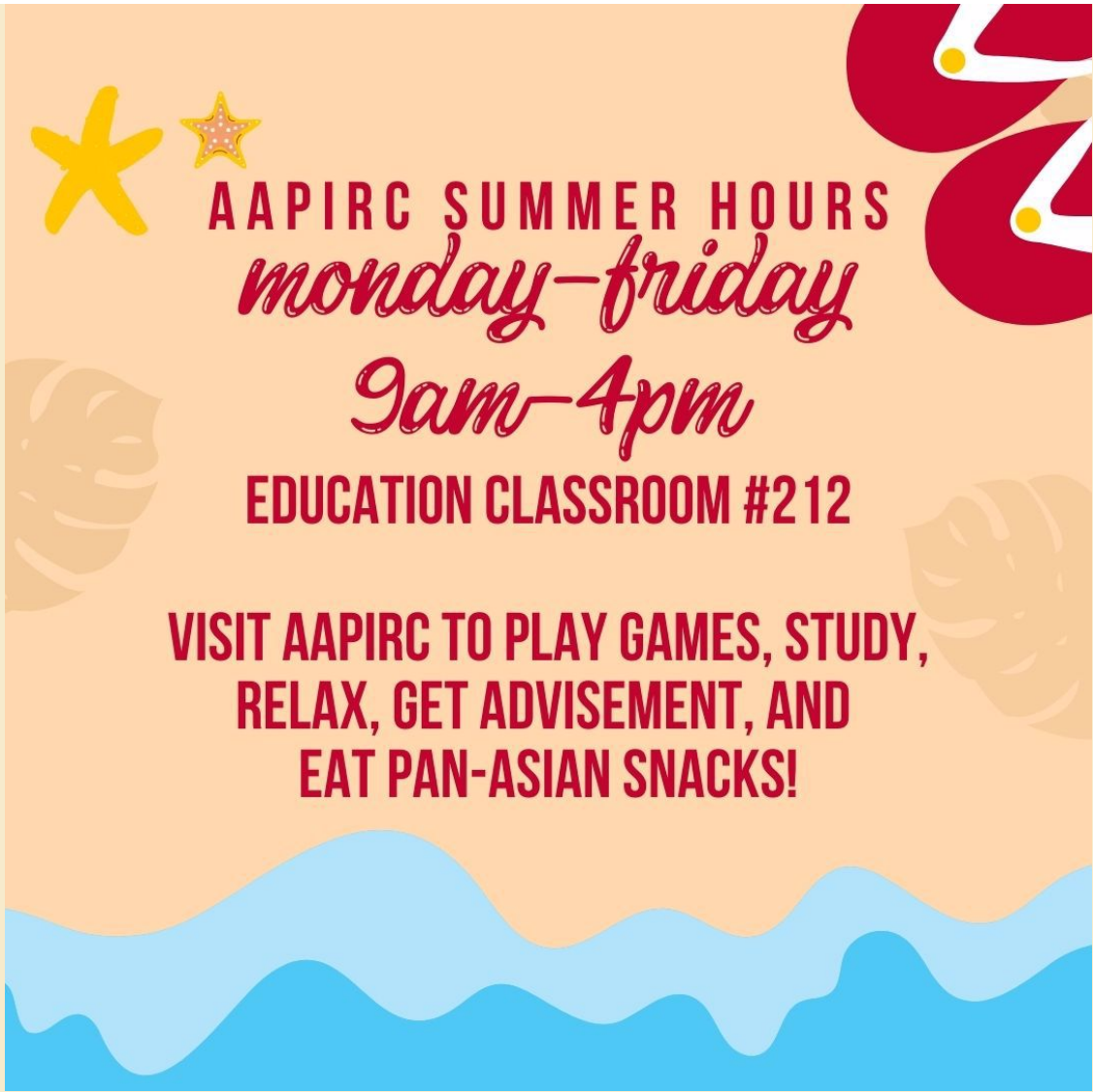
## ASIAN AMERICAN PACIFIC ISLANDER RESOURCE CENTER

The Asian American Pacific Islander Resource Center (AAPIRC) was established during the 2021–2022 academic year as a result of a student-led initiative to create a department that supports AAPI students at UNM.

### **Mission Statement**

The mission of the Asian American Pacific Islander Resource Center is to build a sense of belonging for students of Asian/Pacific Islander/Desi/Arab American Heritage during their studies at the University of New Mexico. AAPIRC also seeks to provide culturally relevant programs that cultivate Asian/Pacific Islander/Desi/Arab American leaders within communities.

Hello all! We hope you are having a restful summer. We are writing to tell you about our advisement offerings, a new summer program at AAPIRC, and other opportunities available to Lobos. We hope to see you soon, either in our space, at NSO events, or through LoboAchieve appointments. As always, thank you for your support!



**Make an Advisement Appointment Today!**



# **AAPIRC** **ADVISEMENT**

**AAPIRC is now offering** culturally-sensitive advisement **with our Associate Director, Farah Nousheen. If you identify as AAPI, we highly recommend you schedule an appointment with Farah at [LoboAchieve.unm.edu](https://LoboAchieve.unm.edu). Services include financial, academic, and career advisement specifically tailored to meet AAPI students' needs. Even if you don't need these services, we would love to get to know you and hear your ideas for the center!**



## Summer Relaxation

*Unwind this summer semester with...*

# **Yoga & Qigong at AAPIRC!**

*Wednesdays @ 2pm*



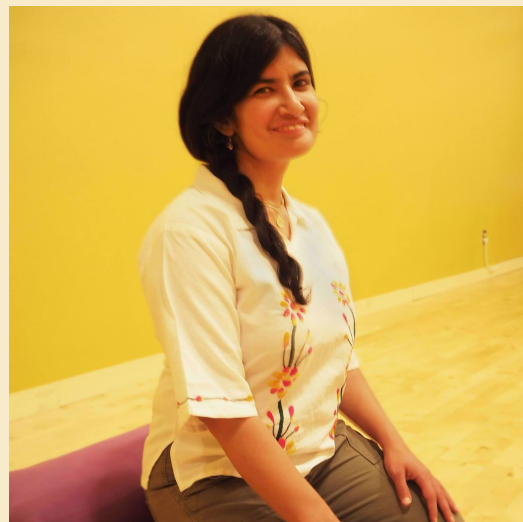
*These sessions are open to all  
students, staff, and faculty!  
Bring your own mat or use  
one of AAPIRC's*



ASIAN AMERICAN  
PACIFIC ISLANDER  
RESOURCE CENTER

For all UNM students, staff, and instructors, AAPIRC will be offering an hour of mindfulness, yoga and qigong during the summer semester. No experience necessary! You can bring your own mat, or use one that is available here. The practice will vary each Wednesday with a mix of modalities.

Some info about our instructors:



Dr. Hooi-Ling Lee, PhD is a Fulbright Visiting Scholar at the University of New Mexico and also, Associate Professor with Universiti Sains Malaysia (USM). She has been a yoga practitioner for more than 15 years. In this sharing session, she will be focusing on Mindful Yoga, which incorporates mindfulness into Hatha Yoga. Please do bring your yoga mat and a belt as part of the prop in this session.

Farah, the associate director of AAPIRC, has been facilitating yoga and meditation for past 7 years. Farah's style is gentle and intentional, and geared towards the needs of people of color, lgbqt+ folx, and anyone who experiences daily stress and would like to be present in their body. Farah is currently exploring qi gong and we will use videos on some days.

This is a free offering for the wellness of our community. Donations will be accepted and appreciated for AAPIRC!

## Summer Opportunities



### Democratic Campaign Fellowship Program

Do you care about core democratic issues? Have you ever wanted to work in politics? Are you looking for a paid fellowship program this summer?

The New Mexico House Democratic Campaign is seeking applicants for our first ever Campaign Fellowship Program.

Fellows will learn the ins and outs of political campaigns and will have the option to be placed with one or more of New Mexico's most competitive

### SUB Room 1093

**Summer 2022 Hours**  
**Monday, Wednesday, Friday**  
 11:30am-1:30pm  
**Tuesday, Thursday**  
 3pm-5pm  
 or outside of hours by appointment  
 (call 505-277-2911)

### Lobo Food Pantry

The Lobo Food Pantry has updated Summer Hours!

Make sure to bring your Lobo ID or other valid ID and Lobo ID number.

Students will have an opportunity to fill a basket with grocery offerings of their choice. Students are required to sign a waiver for the semester and provide general identifying information (name, email, UNM ID number) when visiting the pantry in order to help us track the number of visits they use each month.

campaigns in the 2022 general election upon completion of the program. Click the image above to learn more. Make sure to apply ASAP!

Visit the [LoboRESPECT Advocacy Center Website](#) to learn more.

## Mark Your Calendars!



Finally, we would also like to invite you to our **Welcome Back Boba Tea Social!** This event will take place on **Wednesday, August 24<sup>th</sup> from 4-6pm**. Boba tea and pan-Asian snacks will be provided as we ring in the new school year!

If you wish to unsubscribe from our newsletters, please email us at [aapirc@unm.edu](mailto:aapirc@unm.edu) and let us know.

This message was sent to by  
Albuquerque, NM, 87131, Albuquerque, NM, 87131

 [Unsubscribe](#) | [Manage Subscription](#)

