

Thursday March 23, 2023

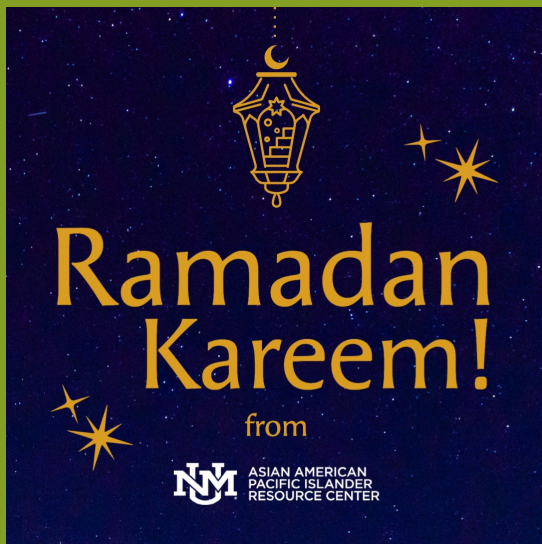


Lobos, You are half way through the semester!

- * Study at AAPIRC
- * Destress w/ Yoga on Wednesdays 3:30pm
- * Pray, Meditate anytime
- * Join us for special events

Thurs March 23rd 6-8:30pm: Ramadan & Nowruz (amazing dinner/iftar food)

Tues March 28th 4-6pm: AAPIRC's 1000 Cranes Wish w/ JLCC





RAMADAN 2023 IS COMING!!

WHAT SCHOOL FACULTY NEEDS TO KNOW:

Ramadan is the Muslim month of fasting.

Practicing Muslim students will be fasting from dawn until dusk (approx. 6:00am to 8:00pm).

Fasting means **NO FOOD** and **NO WATER**.

Ramadan celebration often involves prayers late into the night.

It is not unusual to be up past midnight for prayers and then get up around 5am to eat before dawn and pray.

Ramadan 2023 will last approximately from March 23-April 22. Ramadan is scheduled on the lunar calendar so it moves dates each year.

Muslim students may be tired, hungry, and thirsty in your classes - especially if they are with you late in the afternoon.

Tonight! Join AAPIRC for Ramadan & Nowruz!

AAPIRC CELEBRATE NOWRUZ!

Persian New Year at AAPIRC

Nawroz celebrates new beginnings and the return of spring.

Thursday, March 23rd

6:00PM - 8:30PM

Education Building (67)

Room #211 / 212

نوروزک
مبارک
۱۴۰۲



Nowruz:

The name of this cross-cultural custom means- Now - 'new', and ruz - 'day' in Persian. It is also the beginning of the Persian new year, which this year is 1402.

Nowruz celebrates new beginnings and the return of spring.

This is of great spiritual significance as it symbolises the triumph of good over evil and joy over sorrow.

Nowruz includes rituals, ceremonies and cultural events, as well as the enjoyment of a special meal with loved ones.



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What will be happening at this event?

- Traditional Nowruz table at AAPIRC
- Persian calligraphy display by Yahya Mohammadi
- Afghanistan photo exhibit from Maxwell Museum
- Presentation about Nowruz
- Iftar and dinner- if possible, bring a food item!



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Thursday March 23rd, 6-8:30pm.

All are welcome!

We will have a dinner table.

Feel free bring a vegetarian/halal snack or dish to share.

Let us know you are coming but you can also just show up:

<https://forms.office.com/r/9C1ExDZJR1>

In collaboration with

Iranian Student Association | Global Education Office | The Maxwell Museum.

It is the first day of Ramadan, the month of fasting for Muslims. We will honor those fasting and begin dinner at sunset, 7:22pm. We will have Iftar specific foods available such as dates, pakoras, fruit, water, etc.

Did you know? Private prayer and meditation area with rugs and cushions is available at AAPIRC!

2nd AAPI GRADUATION

Tuesday May 9th, 6pm

George Pearl Hall, SA+P Auditorium

SAVE THE DATE

Asian American & Pacific Islander
AAPI Graduation

EAST ASIAN | SOUTHEAST ASIAN |
SOUTH ASIAN | PACIFIC ISLANDER |
WEST ASIAN | MIDDLE EAST/NORTH AFRICAN



aapirc@unm.edu

aapirc.unm.edu

Location: UNM School of Architecture +
Planning Auditorium



MAY.09.23

6PM



ASIAN AMERICAN
PACIFIC ISLANDER
RESOURCE CENTER

Join us for the AAPI Graduation 2023!

Congratulations Class of 2022-2023!

We are excited to host the 2nd Asian American & Pacific Islander Graduation Convocation!

We invite all AAPI-identified graduating undergrads and graduate students from Fall 2022, Spring 2023, and Summer 2023 to join in this special convocation.

* AAPI includes East Asian, South Asian, Southeast Asian, Pacific Islander, and West Asian/Middle Eastern.

Register before April 23rd: <https://forms.office.com/r/ammqg6TsnP>

Are you unsure if you are graduating? If you are an undergraduate graduating student in Spring or Summer 2023, please schedule an advisement appointment with Farah Nousheen via LoboAchieve or email aapirc@unm.edu if you are not able to find a time in LoboAchieve that works for your schedule.

Please complete the form below. You are most welcome to proudly wear your cultural heritage for this special day in your life. We will have dessert and refreshments.

Please arrive by 5:30pm so that we can start the program by 6pm.

Questions? Email aapirc@unm.edu.

Register before April 23rd: <https://forms.office.com/r/ammqg6TsnP>

Tuesday, March 28th, 2023 4pm - 6pm

1000 Paper Cranes

Join us in commemorating AAPIRC's creation here at UNM and expressing our wish that AAPIRC and the entire AAPI community continues to thrive in the face of prejudice and unjustified hate

There will also be information given on New Mexico's history concerning Japan and WWII



Please come in your Lobo gear or UNM colors

Curry and Drinks provided

ASIAN AMERICAN AND PACIFIC ISLANDER RESOURCE CENTER
NEW MEXICO JAPANESE AMERICAN CITIZEN LEAGUE
JAPANESE LANGUAGE AND CULTURE CLUB

Our final event with the 1000 Cranes. We will be hanging up the 1000 Cranes art piece and making our wish for AAPIRC.

AAPIRC SCHEDULE!



SPRING 2023 WEEKLY GATHERINGS

MONDAY

**3:00 PM - 4:00 PM
PACIFIC ISLANDER CIRCLE WITH LEILANI
2ND AND 4TH MONDAYS**

TUESDAY

**4:30 PM - 6:30 PM
PRE-HEALTH STUDY GROUP**

WEDNESDAY

**2:00 PM - 3:00 PM
URDU/HINDI LANGUAGE WITH AIMAN**
**3:30 PM - 4:30 PM
YOGA**
**6:30 PM - 7:30 PM
VIETNAMESE LANGUAGE WITH HUY**

THURSDAY

**11:00 AM - 12:15 PM
INTRO ASIAN AMERICAN STUDY GROUP**
**3:30 PM - 5:30 PM
TAGALOG LANGUAGE WITH VINCENT**

FRIDAY


**11:00 PM - 12:00 PM
VIETNAMESE LANGUAGE WITH HUY**
**1:00 PM - 2:30 PM
POST COLONIALISM WITH MOHAMMED**
**2:30 PM - 3:30 PM
ARABIC LANGUAGE WITH AIMAN**

Note the additions! We have added two amazing weekly gatherings:

- * Pacific Islander Circle on 2nd & 4th Mondays. Next Monday,
- * Arabic Language Appreciation Circle will be on Fridays at 2:30-3:30pm.

**You can still join our
Language Appreciation Circles!**

Drop in anytime. All levels.





TAGALOG Circle

Spring 2023 Thursdays 3:30-5:30pm
Language Appreciation Circle

AAPIRC hosts Language Appreciation Circles! Find a community of peers who share Tagalog as a heritage language! All levels welcome.

AAPIRC | Education Building 212 | aapirc@unm.edu






ARABIC APPRECIATION CIRCLE

SPRING 2023 FRIDAYS 2:30-3:30PM

AAPIRC hosts Language Appreciation Circles! Find a community of peers who share Arabic as a heritage language! All levels welcome.

AAPIRC | EDUCATION BUILDING 212 | AAPIRC@UNM.EDU

VIETNAMESE


Spring 2023 Language Appreciation Circle

Wednesdays 6:30PM-7:30PM

Fridays 11AM-12PM

AAPIRC hosts Language Appreciation Circles! Find a community of peers who share Vietnamese as a heritage language! All levels welcome.

AAPIRC | Education Building 212 | aapirc@unm.edu




Kya haal hai?

URDU/HINDI

LANGUAGE APPRECIATION CIRCLE

Spring 2023 Wednesdays 2-3pm

AAPIRC hosts Language Appreciation Circles! Find a community of peers who share Urdu/Hindi as a heritage language! All levels welcome.

AAPIRC | Education Building 212 | aapirc@unm.edu



ANNOUNCEMENTS

UNM Celebrates Women's HISTORY MONTH MARCH 2023

Help Us Celebrate Women & Femmes Making History Now!
 In celebration of Woman's History Month, the Women's Resource Center would like to celebrate wonderful, kind, empowering Women & Femmes on UNM campus. We are asking the UNM community to nominate a woman who you think deserves to be acknowledged and celebrated for all the hard work and impact she has provided you and others.

The nominee must be a staff/faculty or student on UNM Campus.

You may nominate multiple women, however, we do ask that each person submit one submission per nominee.

In partnership with the Division of Equity & Inclusion, we will be having a WHM reception at the University Club on March 30th from 4pm-6:30pm. At the reception, the woman with most submissions will be announced and will receive a special gift as well as be posted on the Woman's Resource Center Instagram! All nominees will be given a certificate of celebration & will also be invited to the reception and acknowledged. (if they would like)

Submissions close on March 24th @11:59pm.
 If you have any questions, please contact our Admin, Gisell Cereceres Barrera at gcereceres@unm.edu

Submit Nominations at <http://bit.ly/3ZJjkE1>

**Thursday, March 30, 2023
 4pm-6:30pm
 University Club**

Reproductive Justice Learning Cohort

Apply to join our first cohort of RJ ambassadors

E-Mail womenunm.edu for the interest form or to receive these materials in alternative formats




Hosted by Rox Curiel
Holistic bodyworker, facilitator, space holder & RJ organizer

**Tuesdays
 3/28, 4/4, & 4/11
 5 p.m.
 Hybrid Format:
 IRL & Virtual
 English & Spanish**

JCPenney
SUIT-UP EVENT



Save the Date

**ONLINE EVENT
 March 24 - April 30
 Text UNM to 67292 for coupon**

UNM CAREER SERVICES

STUDENT CLIMATE SURVEY

LET YOUR VOICE BE HEARD!

Please complete the UNM Campus Climate Survey
 March 1-April 23, 2023
<https://goto.unm.edu/student>



The first 500 students to complete survey will receive a \$10 gift card.

NM GLOBAL EDUCATION OFFICE

INTERNATIONAL FESTIVAL

April 13th, 2023
10 AM - 2 PM

VOLUNTEERS NEEDED!

COOK A MEAL, HOST A BOOTH, PERFORM OR VOLUNTEER!

USE THE QR CODE TO SIGN UP BY MONDAY, MARCH 27TH!

NM STUDENT HEALTH & COUNSELING

WELLNESS CALENDAR

All events will take place inside SHAC Health Promotion on the Plaza Level, unless ***.

Mindful Monday Every 1st and 3rd Monday of the month 12pm- 1pm	1/23	Setting an Intention
	2/06	Practicing Gratitude
	2/20	Aromatherapy
	3/06	Pet Therapy
	3/20	Making Tea
Tune Up Tuesday Every 2nd and 4th Tuesday of the month 12pm- 1pm	4/03	Laughter Yoga
	4/17	Chalk Activity
	5/01	Nature Walk***
	1/31	Chair Stretches
	2/14	You Make Loving Fun***
Hump Day Wednesday Every other Wednesday 10am- 2pm	2/28	Recover & Restore***
	3/28	Floor Stretches
	4/11	Hip to have Hips
	4/25	Upper Body Stretch
	5/09	Diaphragm Breathing
Hump Day Wednesday Every other Wednesday 10am- 2pm	1/25	Condoms
	2/08	HIV Testing
	2/22	Birth Control Education
	3/08	Education
	3/22	...rapid HIV testing takes only 15min
4/05		
4/19		
5/03		

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